

**HIPPO HOMILY:**



**Conquering Burnout**  
This week's portion contains the climax of the Torah experience with the giving of the Ten Commandments at Mount Sinai--the defining moment of Judaism and the core mission of the Bnei

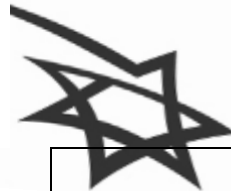
Yisrael. However, what intrigues me is the story which immediately precedes it (Exodus 18, verses 13-27) which entails some practical advice from Moshe's father-in-law, Yitro.

Maybe the Torah account of this episode is as important as it is rare indeed, that a son-in-law not only listens to his father-in-law but actually enacts his program! Yitro tells Moshe that he must enlist the aid of elders who can help him in leading, governing and judging the people. For if he doesn't, "Surely you and the nation will wither away from the weight of responsibility and burden of problems brought before you." Mind you, we are not even talking about passing a Health Care bill here. Moshe enacts and builds a Department of Justice and institutes courts dealing with matters both big and small. Now if Moshe Rabbeinu, the servant of Hashem, is in need of help, then how much more help do all human beings need who have not had a face to face relationship with Hashem? Yitro was right. We all cannot do it all on our own. It is okay to seek help and work as a community as we are all in this mission together. The alternative is burnout—something that in this multi-tasking, stress-induced society is all too real and must indeed be conquered.

Shabbat Shalom! **—Rabbi Chaim Hisiger**



Students who sold all their Money Mania and Sports Sweepstakes tickets were awarded with Friendly's ice cream cone coupons at lunch on Thursday. See who won each raffle prize on the next page.



*Next Week... February 8- February 12*

**Mon** Sports Club, Gr. K & 1, 3:15-4:15pm

**Thu** Wear clothing that shows your favorite sports team!

School Banking, 11:50pm  
Sports Club, Gr 2-5, 3:15-4:15pm

**Fri** 2:00 Friday Dismissal

After School Connection until **4:15pm**



**BINGO – ALEPH TEAM 2/7**

Captain Jonathan Sadik  
Callers Keith Newman, Al Spanjer  
Financial Nancy Bressler, David or Gail Pogal  
Workers A Amirova, B Amirov, A or R Cherney, M Guarnera, L Maine-Spokony, F Nardia, E Pinker, I Spivak, M Spokony, W Vought



**THANK YOU TO:**

Coach Keith Newman, for his work and encouragement with the Jr. Wolfpack basketball team this past season. We apologize for neglecting to mention you in last week's edition – it was an unintentional foul.

**MUSIC PROGRAM EXPANDED**

Thanks to the largesse of Dr. Sid and Mrs. Barbara Sobel, we are pleased to announce that Mrs. Janie Marini will continue to teach Music classes in May and June and to direct a student musical.



Mrs. Gene Spiro will continue to enrich our music curriculum with special programs and traditional Jewish holiday music.



Lily and Ben Rosenbaum sold the most tickets---51!  
Lily was awarded with an iPod Nano.



# ★ MONEY MANIA & SPORTS SWEEPSTAKES WINNERS! ★



## MONEY MANIA & SPORTS RAFFLE WINNERS ANNOUNCED

Last Friday, raffle tickets were drawn revealing the winners of 18 prizes from our “Money Mania & Sports Sweepstakes”. Congratulations to all our winners! Winners have been contacted by phone and mail with instructions on how to claim their prizes. Please see the complete list below. Thank you to Noelle Whitehead and Michal Spivak for organizing the raffle to help raise money for Hillel and to the Zauderers for donating the student prizes.

### AND THE WINNERS ARE:

- \$1,000 cash** – Sarah Fuller
- Red Wings suite, including tickets for 12, bat boy/girl and parking** – Jessica Yelsky
- Cleveland Indians tickets (4) with hotel for one night** – Ray Pellegrini
- Syracuse Orangemen basketball, 4 tickets, plus parking** – Antonio Fernandez
- Rhinos, 4 tickets** – Richard Rosenbaum
- Amerks, 2 tickets** – Diane Seiferas
- Razorsharks, 4 tickets** – Richard Rosenbaum, Nora Ulloa, Jan Penberg
- Knighthawks, 2 tickets** – Spivak family
- Lunch and a round of golf for 3 with a member at Irondequoit Country Club** – Vasili Janetos
- Round of golf for 1 with a member of Ridgemont Country Club** – Julianne Miller
- \$50 Gift card to Medved Running & Walking Outfitters** – Nora Ulloa
- \$50 Gift card to the Soccer Shack** – Michelle Weiner
- 5 pack of skating lessons at Maksymum Hockey** - Michelle Weiner, CeCy Ulloa, Kilimnick Family
- Circuit Training and staff evaluation at Athletic Republic** – Noelle Whitehead, Shrier family

*Students who sold at least 15 tickets received a coupon for a free ice cream cone at Friendly’s, courtesy of Dr. & Mrs. Maurice Zauderer. These students are:*



- Kindergarten** - Alexa Whitehead, Jonathan Miller
- First Grade** - Ellie Spivak
- Third Grade** - Ronnie Hollenberg, Gabrielle Ulloa
- 4/5 Grade** - Quincy Penberg, Noah Spivak, Ariadne Ulloa

**Students who sold more than 15 tickets** - Elana Pogal; Josh Fuller; Lilah Shrier; Raanan, Yonah and Doni Kilimnick; Ben & Lily Rosenbaum

**GRAND PRIZE WINNER FOR MOST TICKETS SOLD (51 TICKETS) THAT RECEIVED AN IPOD IS:**  
Lily Rosenbaum (6<sup>th</sup> Grader)

## COMMEMORATIVE JOURNAL AND SCHOLARSHIP DINNER - IT'S THAT TIME OF YEAR AGAIN!



Hello everyone! It's time to start working on the annual Commemorative Journal and Scholarship Dinner. This year, the dinner is on **Wednesday, June 9 at Temple Beth El**. We are honoring Sara Futerman in recognition of the enormous and generous contribution that she has made to the Rochester community.

Please save the date to come and show your support. As in the past, there will be a discounted price for Hillel parents, faculty and staff. Our graduating class will be invited as our guests! Let's try for 100% attendance of our Hillel Families. You will enjoy a fun evening and support a great cause.

There are two committees in need of help – the Commemorative Journal committee, chaired by Limor Madeb and Julie Nusbaum, and the Scholarship Dinner Committee chaired by Sue Zauderer. Interested volunteers should contact the school office or email [office@hillelschool.org](mailto:office@hillelschool.org)

## SOLDIERS PASSOVER PACKAGE PROJECT



Soldiers around the world enjoyed celebrating Hanukkah this year thanks to the efforts of many children in Rochester, including our very own Hillel Community Day School students. Let's help Jewish soldiers feel connected and supported by participating in the "Soldiers Passover Package Project." Students will make cards, letters, and Posters in their classes. We will also collect donations to purchase matzah, juice, and other items for Pesach.

I'm sure the soldiers will appreciate our Pesach care packages.

Please make donations payable to "Rabbi's Discretionary Fund" and write "Soldiers Passover Package Project" on the memo line. Thank you to Keith Freedman for sharing this opportunity with our students.



### **UPDATE! JCC'S YOM HASHOAH PROGRAM**

Hillel Community Day School students in Grades 4-8 will sing with Temple Sinai students for a Yom Hashoah program, accompanied by the Temple Sinai Brass Band. Join us at the JCC for this program Sunday, 4/11, at 3:30pm. Due to the importance of the program, and of having Hillel students participate, students will be required to attend one mandatory rehearsal on 3/21 from 2:00-4:00pm. They must arrive at the JCC by 2:30 on 4/11 for a run through. Please reply to the Hillel office no later than Wednesday, 2/10.

### **KIPPOT NEEDED**



Hillel Community Day School is in need of kippot for our guests. We're happy to take donations of any kippot remaining from your Bar Mitzvah, Bat Mitzvah, wedding or other special occasion. Thank you!

### **MAZEL TOV TO:**

- Alumna Jessica (Wettenstein) Nussbaum and husband, Judah, on the birth of a daughter; to grandparents Ron & Robin Wettenstein, and to the entire family.
- Alumna Michelle Hollenberg, on her recent Bat Mitzvah; to parents Dr. Gary & Mrs. Susan Hollenberg, siblings Alex and Ronnie (3) and to the entire family.
- Alumna Aviva Schaffer ('06), who has been chosen as a recipient of a 4-year Dean's Merit Scholarship from the University of Rochester in recognition of her academic achievements. Aviva will be a U of R freshman this fall.

### **THANK YOU FOR YOUR DONATION:**

- *In honor of the birth of Jacob Kleinberg:* Mr. & Mrs. Gilbert Cresov
- *In honor of Naomi Silver:* Dr. & Mrs. Brian Hirschfield
- *To the Music Program:* Dr. & Mrs. Sidney Sobel

### **THANK YOU TO:**

Mrs. Cheryl Cash-Linietsky, Mrs. Sharon Polatoff, Mrs. Fern Sellers, and Mr. Eric Ferreri, for subbing this week.

### **COMMUNITY EVENTS**

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Please let us know your synagogue/organization's events! Email [office@hillelschool.org](mailto:office@hillelschool.org) or go on [www.hillelschool.org](http://www.hillelschool.org) and click "contribute to the newsletter" on the left-side menu

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Sat 2/6-2/20 1:00pm Temple Beth David February Learning. Topics: 2/6-The Commandments; 2/13-Close Torah Study of Mishpatim; 2/20-the Hidden Meaning of Megillat Esther-The Story Behind the Story. All held in the Temple Beth David Social Hall.

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Sun 2/7 2:00-4:00pm Come to Court for Purim Palooza! at the JCC, 1200 Edgewood Avenue. Featuring a mini Jewish Community Fair, Carnival Games, Crafts, Make-Your-Own Costumes, Noise Makers and Masks, Super Bowl related activities, Community Service Project, Bounce House and Tons of Fun!

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Sat 2/20 7:00pm Enjoy exciting classical guitar sounds in a Spanish Flamenco tradition with duo Mathew Colbert and Ryan Carey. At the JCC.

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Sat 2/27 6:45pm Purim Eve at Temple Beth El. Eruv Purim Megilla reading with a few fun songs thrown in, followed by a free Purim "feast" of Hamentaschen and make your own sundaes!

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Sun 2/28 11:15-1:15 Purim Carnival for the entire community at Temple Beth El. Games, prizes, raffles, delicious food for lunch, snacks and lots of good fun for everyone! Money raised goes to the USY Tikkun Olam fund.

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Sat 3/6 Purim Gala Sock Hop! Don't miss out! Proceeds benefit Temple Beth El.

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Fri-Sun 3/12-3/14 Magda Fishman, internationally acclaimed vocalist selected to receive Richard W Briskin Cantor-in-Residence award, to perform at Temple Beth El. Fri, 6:00pm, Friday Night Live; Sat, 9:00am, Shabbat Services; Sun, 3:00pm, Free concert with dessert reception.

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